CITY OF MOUNTAIN VIEW

Community Services Department • Recreation Division
201 S. Rengstorff Avenue • Post Office Box 7540 • Mountain View, CA 94039-7540 • 650-903-6331 • FAX 650-962-1069

DEER HOLLOW FARM CLASS DESCRIPTIONS

Farm and Garden—Kindergarten

During the Farm and Garden class, kindergarten students learn about farm products on a two-hour tour of Deer Hollow Farm. Children will have the opportunity to visit the livestock and discover the food and clothing they provide. The Farm is home to a cow, chickens, ducks, geese, rabbits, goats, sheep and pigs. In the garden, students can sample roots, stems and leaves from farm-grown vegetables and understand the importance of composting. Seasonal goat- or cow-milking demonstrations emphasize the importance of the Farmer's responsibilities.

Fleece and Milk: Gifts from the Farm!—First Grade

First-grade students are offered an in-depth look at the food and products that are made by sheep, goats and cows, such as wool, milk and meat. During the 2-1/2-hour class, children circulate through activity stations focusing on dying wool, tasting goat's milk, carding wool, sheep shearing, visiting sheep and goats, and spinning and weaving wool. Seasonal goat- or cow-milking demonstrations may also be available.

Life Sciences Hike—Second to Fourth Grade

We make Life Sciences fun! Join us on a hike through the 3,800-acre Rancho San Antonio Open Space Preserve surrounding Deer Hollow Farm. Through exploration and hands-on activities, students will learn about the adaptations and life cycles of the Preserve plants and wildlife as they pass through a variety of habitats, including grassland, oak woodland, riparian/bay woodland and chaparral. This class places strong emphasis on stewardship of the environment and our relationship to the natural world. It also satisfies the California State Standards in Life Sciences for second to fourth grade.

Ohlone Habitat—Third Grade

The Ohlone Habitat class is a unique opportunity for third-grade students to discover the culture and history of the Ohlone Indians who lived in the Bay Area for thousands of years. During the 3-1/2-hour class, students will visit a replica Ohlone Village and learn about Ohlone daily activities such as acorn pounding, weapon making and games.

A short hike through the surrounding Rancho San Antonio Open Space Preserve will introduce students to the native plants and animals the Ohlone used for food and tools.

Ohlone Village—Fourth Grade

The Ohlone Village class is a unique opportunity for fourth-grade students to discover the culture and history of the Ohlone Indians who lived in the Bay Area for thousands of years. During the four-hour class, students will explore structures in a replica Ohlone Village, including a sweat lodge, sleeping hut and shade shelter. Students can also participate in daily activities, such as acorn pounding, weapon making and Ohlone games. A short hike through the surrounding Rancho San Antonio Open Space Preserve will introduce students to the native plants and animals that the Ohlone used for food and tools.

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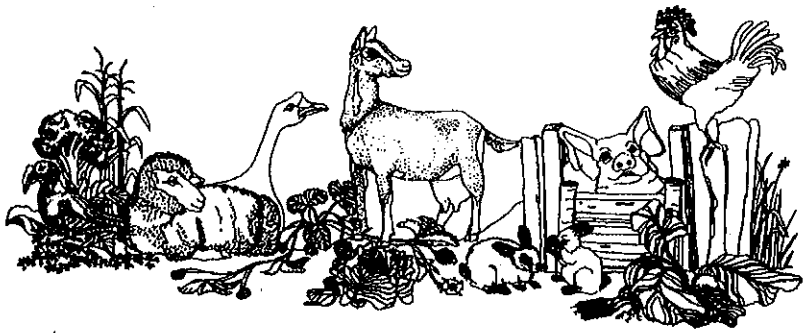

DEER HOLLOW FARM

CITY OF MOUNTAIN VIEW RECREATION DIVISION

Dear Teacher/ Group Leader,

Thank you for joining us at Deer Hollow Farm! Please read and follow the guidelines to help make your visit an enjoyable and educational experience for all.

Adult Chaperones – The number of adult chaperones is limited to one per four children. We are aware that more chaperones may be needed to drive. Additional parents are encouraged to enjoy the farm and preserve at their leisure. If chaperones are attending, please have them read the enclosed chaperone information form, sign, and return to the farm with permission slips. Please do not bring siblings, they will not be allowed to participate in the program.

Permission Slips – Each participant must have a signed City of Mountain View permission slip (one master copy is enclosed in English and Spanish.) Please give these slips to a staff member on arrival. (NOTE: Your school may require an additional permission slip that will stay at the school.)

Name Tags – Please have visible nametags on the participants. Avoid the use of pins to attach the nametags.

Clothing and Shoes – All participants and chaperones should wear strong, durable shoes and comfortable, layered clothing for hiking. Please bring rain gear if it is cloudy in town. There are farm ponchos available for the students if additional rain gear is needed.

Lunch and Snack – Participants are encouraged to bring a "no garbage" lunch, please see the enclosed information. Lunch can be scheduled during a 3- to 4-hour class or after a shorter class. If a snack is needed during a shorter class, please arrange time to eat before or after the program. Please note this when registering for the class. *If lunch is include, please have the students carry backpacks so their hands are free to explore.*

Location – Deer Hollow Farm is located about a mile into the Rancho San Antonio Open Space Preserve. The wilderness preserve is managed by the Midpeninsula Regional Open Space District. There are no trashcans, and smoking or collecting is not allowed. There are no restrooms by the bus stop; they are only available at the farm and in the County parking lot.

Teachers, Aides, or Persons in Charge – Teachers, aides, or persons in charge are required to participate in the activities as part of the group when attending a class.

Allergies/Medical – Upon arrival, please notify Deer Hollow Farm staff of any allergies children may have (such as bees, plants, etc.) or medical conditions (such as diabetes, epilepsy, heart ailment, etc.) or special needs (such as language, learning disabilities, etc.).

Rain Procedure – All classes except for Wilderness will be held rain or shine. However, if weather conditions create a hazardous situation, a Deer Hollow Farm staff member will call the school at 8:00 am to cancel or reschedule the class. Please encourage the children to wear clothing that will keep them warm and dry. The temperature at Deer Hollow Farm can be 10 degrees cooler than temperatures at home or school.

Please call Deer Hollow Farm (650) 903-6430 if you have any questions. Thank you very much for your cooperation. We look forward to your visit!

Sincerely,

Jessica Morgan
Deer Hollow Farm Senior Recreation Coordinator

DEER HOLLOW FARM

CITY OF MOUNTAIN VIEW RECREATION DIVISION

CHAPERONE INFORMATION

Dear Chaperone,
Welcome to Deer Hollow Farm! Thank you for your assistance in making this an exciting and educational experience for your child. To ensure a pleasant trip for everyone, please review the following information.

As a designated chaperone, we ask that you,

1. Assist the teaching docent with enforcing farm and preserve rules.
2. Assist with any behavioral problems that may arise.
3. Close gates and doors behind each group.
4. Accompany children to the restroom.
5. Assist with lunch, if lunch is part of the field trip.
6. Wear strong, durable shoes and comfortable clothes for hiking. Dress in layers.
7. Please, no smoking.
8. Pack a garbage-free lunch. There are no trashcans at the farm. If lunch is included during the field trip, ask the teacher for further information.

The closest restroom to the bus stop is a 1/2-mile walk to Deer Hollow Farm, - please come prepared!

The number of chaperones is limited to *one adult per four children.* Other adults are welcome to enjoy the farm and preserve at their leisure.

Parents and their children are encouraged to be in separate groups. This is to help the students give their full attention to the teaching docents and learning materials. Please inform Farm staff if you must be with your child due to special needs, medical conditions etc..

Refrain from using cell phones and taking posed pictures. Please take candid pictures only, posed pictures can disrupt the class and take teaching time from the docents.

Unless asked directly, let the children answer questions posed by the docents. Please let the children make their own guesses and refrain from whispering the answer in a child's ear.

Please sign below after reading the above information.

SIGNATURE OF CHAPERONE _____ **DATE**_____

Thank you for your cooperation and we look forward to seeing you at the Farm!

DIRECTIONS TO DEER HOLLOW FARM

ATTENTION DRIVERS! PLEASE READ:

DO NOT use internet mapping tools (Google Maps, Map-Quest etc..) or a GPS device for directions to the Deer Hollow Farm Permit Parking Lot.

You WILL NOT arrive in the correct location and you may be late for your tour. PLEASE follow the directions below!

1. **Exit 280 (Northbound/ Southbound) at Foothill Expressway/Grant Road.**
2. **Northbound: Turn left onto Foothill Expressway**
   Southbound: Turn right onto Foothill Expressway
3. **Turn right onto Cristo Rey Drive (1st light).**
4. **Follow Cristo Rey Drive to the Rancho San Antonio County Park entrance on the left.**
5. **As you enter the park, bear right, go down the hill to the main parking lot where the restrooms are.**
6. **Continue straight and drive through the gate marked 'Stop: Authorized Vehicles Only'.**
7. **Drive for 7/10 of a mile until you reach the Permit Parking Lot on the right.**
8. **Please observe the 15 mph speed limit when driving in the Preserve.**

DEER HOLLOW FARM

CITY OF MOUNTAIN VIEW/RECREATION DIVISION

PARENT INFORMATION SHEET

Date of trip: _____

Leave school site at: _____

Return to school site at: _____

Wear: long pants, hiking or tennis shoes, sweater or jacket.

Parent permit slip must be filled out and returned to teacher no later than: _____

No child will be allowed to go on the trip unless they have written parental permission.

Please detach and return lower portion

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PARENT PERMIT

Name of Child_____ Age_____

Address_____

Phone_____ Emergency Phone_____

Recreation Activity_____ Deer Hollow Farm_____

I hereby grant permission for my child to participate in the recreation activity described above and agree to hold harmless the City of Mountain View, Mountain View-Whisman School District, Mountain View-Los Altos School District, Midpeninsula Regional Open Space District, Santa Clara County, and their agents, employees and officers, and any community organization cosponsoring the program, from and against any and all liability for all injury, cost or expenses, including reasonable attorney's fees incurred as a result of his/her participation in the program named above. It is understood by both parties that these programs enter semi-wilderness areas with certain environmental hazards such as uneven landscape, wooded areas, poison oak, wildlife, bees and rattlesnakes.

SIGNATURE OF PARENT OR GUARDIAN _____ DATE _____

DEER HOLLOW FARM

CITY OF MOUNTAIN VIEW/RECREATION DIVISION

HOJA DE INFORMACIÓN PARA LOS PADRES

Fecha del viaje:_____

Partir de la escuela:_____

Regresar a la escuela:_____

Traer puesto: Pantalones largos, zapatos cerrados, suéter o chaqueta

Permiso de los padres tiene que ser llenado y regresado al maestro/a la maestra no más tarde que:_____

A nadie se le permitirá ir al viaje si no tiene el permiso escrito de los padres.

Favor de recortar y devolver firmado este permiso

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PERMISO DE PADRES

Nombre del niño/niña_____ Edad_____
Domicilio_____
Teléfono_____ Teléfono de emergencia_____
Actividad de recreación_____Deer Hollow Farm_____

Con estas palabras le doy permiso a mi hijo/hija que participe en la actividad de recreo mencionada arriba; y estoy de acuerdo a compensar y no hacer responsable las agencias siguientes: City of Mountain View, Mountain View-Whisman School District, Mountain View-Los Altos School District, Midpeninsula Regional Open Space District, County of Santa Clara, y sus agentes, empleados y oficiales, y cualquier organización de la comunidad co-patrocinado el programa, de y contra cualquier y todas obligaciones por incluido derechos razonables de abogado incurrido como resultado de su participación en el programa ya mencionado. Está entendido por ambos lados que estos programas entran a áreas medio montañosas con cierto ambiente peligroso como paisaje disparejo, áreas arboladas, hiedra venenosa, animales indómitos, abejas, y culebras de cascabel.

FIRMA DE PADRE O GUARDIÁN_____ FECHA_____

How to Pack a No-Garbage Lunch

RECYCLE REDUCE REUSE RETURN

1. Help students clarify the concepts of recycling.

2. Use cloth, pillowcase or a bandanna to wrap and carry lunch. (Bring the ends of the cloth or bandanna together around the lunch and tie them.)

3. Use reusable containers to store your fresh items (sandwich, vegetables and fruit).

4. When ready to eat, untie the ends of bandanna; the bandanna then becomes your tablecloth. When finished with lunch, your bandanna becomes your napkin, and then wrap and carry out.

5. All of the food items left over from lunch can go into a compost pile (no paper or plastic).

6. Sort out items from lunch that can be taken to a recycling center (aluminum cans, glass bottles).

Reusable Container Items

Cottage Cheese
Sour Cream
Cool Whip
Jello
Yogurt
Tupperware
Lunch Pails

Things Not to Buy

Sandwich Bags
Squeeze-It
Juice Box (Mott's, Hi-C)
Ready-to-Eat Lunch Packs
Fruit Rolls
Candy
Small Bags of Chips