



AGENDA

REGULAR MEETING - WEDNESDAY, JULY 20, 2016
SMALL MEETING ROOM AT SENIOR CENTER - 266 ESCUELA AVENUE
2:00 P.M.

1. **CALL TO ORDER**

2. **ROLL CALL** – Committee members Conlon-Sandhu, Moore, Petersen, Salisbury, Vice Chair Tymes, and Chair Galli.

3. **MINUTES APPROVAL**

Minutes for the June 15, 2016 meeting have been delivered to Committee members and copies posted on the Community Center and Senior Center bulletin boards. If there are no corrections or additions, a motion is in order to approve these minutes.

4. **ORAL COMMUNICATIONS FROM THE PUBLIC**

This portion of the meeting is reserved for persons wishing to address the Committee on any matter not on the agenda. Speakers are limited to three minutes. State law prohibits the Committee from acting on nonagenda items.

5. **UNFINISHED BUSINESS**

20 min 5.1 **COMMUNICATIONS SUBCOMMITTEE**

The Senior Advisory Committee (SAC) will receive an update on work done by the Subcommittee.

20 min 5.2 **SENIOR CENTER SUBCOMMITTEE**

The SAC will receive an update on work done by the Subcommittee.

20 min 5.3 **FOCUS ON SENIOR-FRIENDLY CITIES SUBCOMMITTEE**

The SAC will receive an update on work done by the Subcommittee.

20 min **5.4 SENIOR ADVISORY COMMITTEE FISCAL YEAR 2016-17 WORK PLAN**

The SAC will review and approve the SAC Fiscal Year 2016-17 Work Plan.

6. NEW BUSINESS – None.

7. COMMITTEE/STAFF COMMENTS, QUESTIONS, COMMITTEE REPORTS

No action will be taken on any questions raised by the Committee at this time.

15 min **7.1 SENIOR CENTER UPDATE FOR THE MONTH OF JULY**

Staff will provide a brief summary of the programs at the Senior Center for the month of July.

15 min **7.2 COMMITTEE ROUNDTABLE**

No action will be taken on any questions raised by the Committee at this time. Approval by the Committee to agenize for future meetings can be reached by a majority vote.

8. ADJOURNMENT

TP/7/CSD
217-07-20-16A-E

AGENDAS FOR BOARDS, COMMISSIONS, AND COMMITTEES

- The specific location of each meeting is noted on the notice and agenda for each meeting which is posted at least 72 hours in advance of the meeting. Special meetings may be called as necessary by the Committee Chair and noticed at least 24 hours in advance of the meeting.
- Questions and comments regarding the agenda may be directed to the Recreation Division, Senior Center, at 650-903-6330.
- Interested persons may review the agenda and staff reports at the City Clerk's Office, 500 Castro Street, Third Floor, beginning the day before each meeting. Staff reports are also available during each meeting.
- **SPECIAL NOTICE – Reference: Americans with Disabilities Act, 1990**
Anyone who is planning to attend a meeting who is visually or hearing-impaired or has any disability that needs special assistance should call the City Manager's Office at 650-903-6301 48 hours in advance of the meeting to arrange for assistance. Upon request by a person with a disability, agendas and writings distributed during the meeting that are public records will be made available in the appropriate alternative format.
- **SPECIAL NOTICE –** Any writings or documents provided to a majority of the Senior Advisory Committee regarding any item on this agenda will be made available for public inspection in the Mountain View Community Center, located at 201 South Rengstorff Avenue, during normal business hours and at the meeting location noted on the agenda during the meeting.
- The Board, Commission, or Committee may take action on any matter noticed herein in any manner deemed appropriate by the Board, Commission, or Committee. Their consideration of the matters noticed herein is not limited by the recommendations indicated herein.

ADDRESSING THE BOARD, COMMISSION, OR COMMITTEE

- Interested persons are entitled to speak on any item on the agenda and should make their interest known to the Chair.
- Anyone wishing to address the Board, Commission, or Committee on a nonagenda item may do so during the "Oral Communications" part of the agenda.



MINUTES

REGULAR MEETING - WEDNESDAY, JUNE 15, 2016
SMALL MEETING ROOM AT SENIOR CENTER - 266 ESCUELA AVENUE
2:00 P.M.

1. **CALL TO ORDER**

The meeting was called to order at 2:00 p.m. by Chair Galli.

2. **ROLL CALL**

Committee Members Present: Committee members Conlon-Sandhu (arrived at 2:04 p.m.), Moore, Petersen, Salisbury, Vice Chair Tymes, and Chair Galli.

City Staff Present: Michele Petersen, Recreation Supervisor and Staff Liaison.

3. **MINUTES APPROVAL**

Motion – M/S Salisbury/Tymes – Carried 5-0-1; Conlon-Sandhu absent – Minutes for the Regular Meeting of May 18, 2016 were approved without modification.

4. **ORAL COMMUNICATIONS FROM THE PUBLIC** – None.

5. **UNFINISHED BUSINESS**

5.1 **COMMUNICATIONS SUBCOMMITTEE**

No new updates. No action taken.

5.2 **SENIOR CENTER SUBCOMMITTEE**

Committee member Petersen discussed becoming more familiar with the Mountain View Senior Center and the programs offered there.

No action taken.

5.3 FOCUS ON SENIOR-FRIENDLY CITIES SUBCOMMITTEE

Committee members discussed an upcoming meeting between Santa Clara County and the department heads of Mountain View regarding Age-Friendly Cities requirements.

Motion – M/S Tymes/Conlon-Sandhu – Carried 6-0 – Move to strongly encourage a member from the Senior Advisory Committee (SAC) be present in the Aging Friendly Cities presentation to the department heads later this summer.

6. NEW BUSINESS

6.1 JOINT MEETING WITH THE BICYCLE/PEDESTRIAN ADVISORY COMMITTEE

The SAC discussed and prepared possible topics to share with the Bicycle/Pedestrian Advisory Committee (B/PAC) at the joint meeting scheduled for September 28, 2016.

1. Senior-friendly bicycles as a part of the community bike share.
2. Stevens Creek Trail bicycle/pedestrian safety discussion.
3. Rules for the sidewalk use (bicycle and other mobile devices).
4. No bicycles on sidewalks.
5. Speed of bicyclists.
6. Bicycle safety (which includes education and outreach).
7. Enforcement.
8. Accurately quantifying the number of seniors using bicycles in Mountain View.

Motion – M/S Tymes/Moore – Carried 6-0 – Move to move the lists of discussion points forward to the B/PAC to be agendaized for the September 28, 2016 joint meeting.

6.2 SENIOR ADVISORY COMMITTEE FISCAL YEAR 2016-17 WORK PLAN

The SAC discussed and developed the SAC Fiscal Year 2016-17 Work Plan.

Motion—M/S Tymes/Salisbury—Carried 6-0—Move to approve the draft Work Plan for staff to draft and bring back to the SAC for approval in July.

7. COMMITTEE/STAFF COMMENTS, QUESTIONS, COMMITTEE REPORTS

7.1 SENIOR CENTER UPDATE FOR THE MONTH OF JUNE

Staff provided a brief summary of the programs at the Senior Center for the month of June.

7.2 COMMITTEE ROUNDTABLE

Chair Galli shared that he will be attending the Mayor's Quarterly Meeting on June 16, 2016.

Vice Chair Tymes shared information regarding a food distribution program through the Health Trust. Vice Chair Tymes also shared information regarding multi-family home-share options.

Committee member Conlon-Sandhu provided an update on information she received regarding the Rengstorff Park Master Plan.

Committee member Salisbury provided a brief presentation on brain development.

8. ADJOURNMENT

Motion—M/S Tymes/Conlon-Sandhu—Carried 6-0—Move to adjourn the meeting at 4:00 p.m.

TP/7/CSD

217-06-15-16mn-E

SENIOR ADVISORY COMMITTEE WORK PLAN
Fiscal Year 2016-17

| Title and Description | Key Milestones | Date (per milestone) | Current Status/Notes |
|--|---|-------------------------|---|
| Ongoing Work Items | | | |
| <p>A. Provide enhanced awareness of senior issues within a diverse community, increase outreach, and ensure the greatest quality of service possible by the Senior Advisory Committee (SAC).</p> | | | <p>Overarching mission of the SAC.</p> <p>Begin collecting information for 2017 report.</p> |
| <p>B. Communications Subcommittee – Priority mission is to communicate with Mountain View seniors via the following methods:</p> <ul style="list-style-type: none"> • Senior survey. • Identify speakers. • Use City website, City Facebook, I Love MV website to communicate important information and updates to seniors. • Provide communication support to full SAC and subcommittees considering the following: <ul style="list-style-type: none"> – Specific communication subjects. – Education workshops. – Education materials. – Articles and information for media outlets (i.e., <i>Mountain View Voice</i>, KMVT). | <ul style="list-style-type: none"> • Continue to provide content to staff for the City website and the Senior Center Facebook Page. • Provide workshops on Alzheimer’s. <ul style="list-style-type: none"> – Alzheimer’s Update • SAC provided an outreach table and distributed informational material regarding the Senior Center and the SAC at community events. | | <p>Ongoing</p> <p>Ongoing</p> <p>Ongoing</p> |

| Title and Description | Key Milestones | Date (per milestone) | Current Status/Notes |
|---|---|-------------------------|----------------------|
| <p>C. Senior Center Subcommittee – Priority mission is to maintain an active presence at the Senior Center and to provide education and support to enhance senior programs for the community.</p> <ul style="list-style-type: none"> • Organize an annual Meet and Greet at the Nutrition Program with City Council and SAC members. • Provide an educational workshop series at the Senior Center. • Support the Senior Center through sharing or resources and new program ideas with the Senior Center and Community Services Agency (CSA). | <ul style="list-style-type: none"> • Conducted sixth annual Meet and Greet with City Council. • Conduct monthly Alzheimer’s screenings. | <p>Spring 2017</p> | <p>Ongoing</p> |

| Title and Description | Key Milestones | Date (per milestone) | Current Status/Notes |
|---|---|-------------------------|----------------------|
| <p>D. Focus on Age-Friendly Cities Subcommittee – Priority mission is to target those most in need of support in the community: frail, at-risk, homebound seniors with limited access to resources most in need to age in place.</p> <ul style="list-style-type: none"> • Develop instruction modules; for example, in how to read/understand: websites which list physicians with geriatric specialties, articles about health problems, and directions on taking medications. • Focus on senior-friendly cities criteria. <ul style="list-style-type: none"> – Housing. – Transportation. – Select a SAC member to sit on the Age-Friendly City Task Force. – Investigate status of City Council setting up a fund to help seniors repair their homes. | <ul style="list-style-type: none"> • Provide a presentation at the Senior Center on the World Health Organization’s (WHO) Age-Friendly City Certification process. | | |

| Title and Description | Key Milestones | Date (per milestone) | Current Status/Notes |
|---|---|-------------------------|----------------------|
| <p>E. Continue dialogue to share challenges of seniors and people with disabilities aging in Mountain View with other commissions and committees such as:</p> <ul style="list-style-type: none"> • Council Transportation Committee • City of Mountain View ADA Coordinator • Parks and Recreation Commission • Human Relations Commission • Downtown Committee • Performing Arts Committee • Planning Commission • Bicycle/Pedestrian Advisory Committee • Environmental Planning Commission • Other Agencies • Other City Committees and Commissions | <ul style="list-style-type: none"> • Hold a joint meeting with the Bicycle/ Pedestrian Advisory Committee. | September 2016 | Ongoing |
| Fiscal Year 2016-17 Work Items | | | |
| 1. Establish a City task force to acquire certification as an Age-Friendly City. | Apply to the WHO for certification as an Age-Friendly City. | November 2016 | |
| 2. Continue to champion ways to keep Mountain View seniors housed in Mountain View. | Identify housing issues faced by Mountain View seniors. | June 2017 | |
| 3. Provide a candidates forum at the Mountain View Senior Center for individuals running for Mountain View City Council. Forum questions to be specific to issues facing seniors in Mountain View. | | November 2016 | |